



## 2024-2025 Boerne ISD School Health Advisory Council (SHAC) Meeting #2

Monday, December 9, 2024  
4:30PM to 5:30PM  
Meeting Minutes

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### **Call to Order**

The School Health Advisory Council held the second meeting of the 2024-2025 school year on Monday, December 9, 2024. The meeting was called to order at 4:33PM with a welcome delivered by Krista Pomeroy, Chief of Student Support Services. Members of SHAC reviewed the minutes from the October SHAC meeting with a motion from Courtney Darter-Bruce with a second from Jennifer Howell for their approval.

**In Attendance:** Krista Pomeroy, Kim Seelman, Courtney Darter-Bruce, Stan Leech, Jennifer Howell, Kristen Burford, Tiffany Flemming, Jasmine Glaser, Becca Jones, Minka Misangyi, Andrea Salazar, Aubrie Walker.

**Not in attendance:** Kinley Albright, Kathy Bandujo, Bryce Boddie, Itzel Estrella, Roger Gonzales, Kate Harrison, Michelle Holcomb, Gina Riha, Elky Van Es.

### **Review draft for Boerne ISD Integration of Digital Devices in Public Schools**

Mrs. Pomeroy presented a draft version of the Boerne ISD Integration of Digital Devices in Public Schools, which is an effect because of HB 3489 and written by the Boerne ISD Technology Advisory Council.

Mrs. Pomeroy then led a discussion with SHAC members regarding screen time at school and how that leads into homework and overall screen time recommendations outside of school. Mrs. Pomeroy did state this is just general guidelines for the district as a whole and usage would differ based on teacher and their homework requirements.

Aubry brought up the topic of students with learning disabilities and how it is being considered. Mrs. Pomeroy stated that these numbers may not apply to them as the time needed to complete the assignment may naturally be longer due to the learning challenge.

Kristen mentioned that parents will need to track total digital usage time and take that into consideration as part of the total time. Further stating that with the 4 hours at school plus the 2 hours for homework, that number can easily be surpassed considering time watching videos, playing video games, on social media, etc.

Kim asked what the true concern that should be addressed is. Is it the light and eyes, or other health/medical concerns. Mrs. Pomeroy stated that from TEA it is just over time on screens, but we could add in potential health risks, but the HB is trying to battle against the addictive nature of electronic devices.

### **Review suggestions for digital device use at home and on homework**

Mrs. Pomeroy then segwayed into reviewing 100 digital device tips. SHAC members did a gallery walk reviewing tips and noting which they feel are important in the category it is under.

As a group, they then went around the room reviewing which tips had the most votes in each category. After members took their seats, Kristen had a book recommendation, *Restless Devices*, and how it would pertain to what the recommendations we are making this year.

### **Propose recommendations related to home usage of digital devices for homework and total screen time**

Ms. Pomeroy reviewed what the next steps are to propose recommendations related to home usage of digital devices for homework and total screen time. Tips voted on above will be typed up and a draft proposal will be created and reviewed at the next meeting. Also, Jennifer recommended that videos and tip sheets be created so that parents know how to put in place restrictions for their children's digital devices. Aubrey then recommended Operation Parent- an organization that has a webinar titled *Effective Strategies for Balancing Family Screen Time*. Furthermore, Andrea recommended a book titled *Brave Parenting* as an additional resource with pertinent information.

### **Adjournment**

A motion was made by Kim Seelman to adjourn and second by Aubry Walker. Mrs. Pomeroy adjourned the SHAC Meeting at 5:28pm.